



Clinic Scent Free Policy

Why can't I wear perfume?

Some of our patients get extremely ill when exposed to fragrances, toxic fumes, and chemicals in the air. Exposure to **scented products can trigger serious health reactions** and cause symptoms like:

- headaches and dizziness
- skin and eye irritation
- respiratory difficulties – coughing, wheezing, shortness of breath, chest pain
- nausea and vomiting
- drowsiness, weakness, and possibly fainting

What should I avoid?

Be aware of the products you use on the day you come in to the office and refrain from wearing them as much as possible. Common scented products include:

- perfume
- lotions
- cologne
- aftershave
- deodorant
- soap
- shampoo
- hairspray
- body spray

What products can I use?

Read product labels for **'unscented'** or **'fragrance-free'**, particularly lotions or creams that you apply on the day of your visit.

If using lightly scented products like deodorant and shampoo, use them sparingly and do not apply them while in the office.

What if I forget or wear perfume anyway?

Because we take all of our patients' health seriously, if you wear fragrances to the office, you will not be able to stay for your appointment. You can choose to have a consultation over the phone (i.e.: in your car) or reschedule the appointment (this will be treated as a late cancellation, incurring the cancellation fee). This policy is effective April 1, 2014.